



# velocity

BY HIGHWOODS PROPERTIES



## FEATURES

- Upright and Recumbent Bicycles
- Elliptical and Cross Trainers
- Treadmills
- Lifetime Strength Equipment
- Free Weights
- Separate Workout Room featuring TRX Suspension Training System
- Locker and Shower Facilities
- Free to customers of SunTrust Financial Centre

## HOURS

- Monday - Friday | 6:00AM - 9:00PM

*Mandatory enrollment waiver form required prior to using facility. Access card entry.*

