

Dr. Wendy Chan DPT, LAc, Dipl OM



(646) 926-2848

info@expansewellness.com expansewellness.com

Physical Therapy, Acupuncture & Herbal Medicine

Wendy blends modalities to support lasting wellness. Her specialties include orthopedic injuries, chronic pain, autoimmune conditions, digestive health, and women's wellness.



Stephanie Wynbrandt L.Ac, MTOM



(310) 936-4039

stephanie@greemeadowsacupuncture.com greenmeadowsacupuncture.com @greenmeadowsacupuncture

Acupuncture & Herbal Medicine

Stephanie is here to help guide your body to a state of harmony and balance. Her specialties include acute & chronic pain, mood disorders, hormonal Imbalances, and digestive Issues.



Patricia Quesada Lastiri



630-229-2881

thesoulful experiences.com @the.soulful experiences info@thesoulful experiences.com

Functional Healer, Mentor, & Certified Biomagnetist

Merging science, meditation and ancient wisdom, Paty guides journeys to Release the Past and Manifest! She helps restore health & resolve pain using biomagnetism and functional health tools.



Maria Cappetta LMFT #111719 Mind Set Collective Founder

MindfutBody MFT

(310) 853-3610 mindfulbodyMFT@gmail.com

Psychotherapy for Individuals and Groups

Maria helps her clients understand the biology of their stress, while teaching them mind-body skills to heal and balance their own nervous system. Her specialties include Trauma, Anxiety, & Stress.



Rhonna Del Rio Assoc. AIA , CFSP, AWBW MSC Resident Artist



(310) 570-8112 rhonnadelrio@gmail...com rhonnadelrio.com

Holistic Designer & Artist

Rhonna provides holistic and practical solutions in home and garden design, offers spiritual paintings, and facilitates therapeutic HeART sessions for healing and connection.

Want to join the collective?

Contact Maria at MindSetCollectiveLA@gmail.com





Jellica Jasmine Saddi CMT, FMT, ACSM-CPT, IASTM



Integrative Orthopedic Massage & Whole Health Yoga

Jellica specializes in pain management and injury rehabilitation. She offers corrective soft tissue work, ergonomic consultations, sports injury prevention expertise, and bespoke yoga sessions.



Allie Punekii



(601) 790 - 0223 @alliechemic alliechemic@gmail.com

Somatic Change Facilitator & Creative Mentorship

Using the body as a metaphor, Allie supports clients experiencing exhaustion, burnout, and creative stagnancy to feel in control of themselves, their energy, & their life.



Dr. Kehiante McKinley, PSY35488
"Dr. K"



818-253-9441 <u>dr.k@lapsychologyguides.com</u> @lapsychologyguides

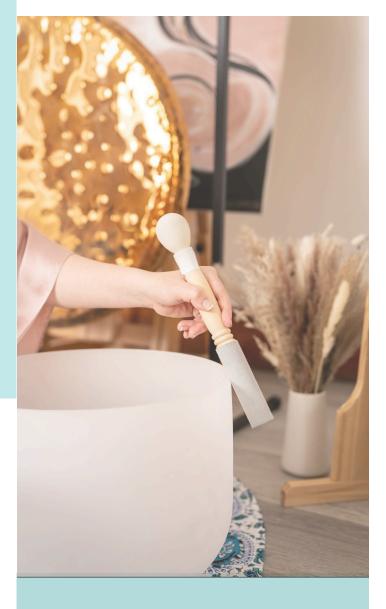
Psychotherapy & Adult ADHD Psychological Testing

Dr. K specializes in working with clients who are coping with trauma, stress, anxiety and life's transitions. Additionally, she conducts Ketamine Assisted Psychotherapy.

Acupuncture
Massage
Microneedling
Psychotherapy
Adult ADHD Testing
Healing Art Sessions
Biomagnetism
Energy Healing
Embodied Breathwork
Contemplative Movement
Private & Community Yoga

Mind Set Collective is passionate about empowering our community to use the mind-body connection to heal, grow, and thrive in all areas of life.

We are independent holistic business professionals devoted to creating a healing and restorative environment for the community and the practitioners alike.





CONTACT US

349 Richmond St El Segundo, CA 90245



HEALING FROM WITHIN



A beautiful healing space

Restorative for the community & therapists alike.

TheMindSetCollective.com

@mindsetcollectivela