



Dr. Wendy Chan
DPT, LAc, Dipl OM



(646) 926-2848

info@expansewellness.com
expansewellness.com

Physical Therapy, Acupuncture & Herbal Medicine

Wendy blends modalities to support lasting wellness. Her specialties include orthopedic injuries, chronic pain, autoimmune conditions, digestive health, and women's wellness.



Stephanie Wynbrandt
L.Ac, MTOM



(310) 936-4039

stephanie@greemeadowsacupuncture.com
greemeadowsacupuncture.com
@greemeadowsacupuncture

Acupuncture & Herbal Medicine

Stephanie is here to help guide your body to a state of harmony and balance. Her specialties include acute & chronic pain, mood disorders, hormonal Imbalances, and digestive Issues.



Patricia Quesada Lastiri



630-229-2881

thesoulfulexperiences.com
@the.soulful.experiences
info@thesoulfulexperiences.com

Functional Healer, Mentor, & Certified Biomagnetist

Merging science, meditation and ancient wisdom, Paty guides journeys to Release the Past and Manifest! She helps restore health & resolve pain using biomagnetism and functional health tools.



Maria Cappetta
LMFT #111719
Mind Set Collective Founder



(310) 853-3610

mindfulbodyMFT@gmail.com

Psychotherapy for Individuals and Groups

Maria helps her clients understand the biology of their stress, while teaching them mind-body skills to heal and balance their own nervous system. Her specialties include Trauma, Anxiety, & Stress.



Rhonna Del Rio
Assoc. AIA, CFSP, AWWB
MSC Resident Artist



(310) 570-8112

rhonnadelrio@gmail.com
rhonnadelrio.com

Holistic Designer & Artist

Rhonna provides holistic and practical solutions in home and garden design, offers spiritual paintings, and facilitates therapeutic HeART sessions for healing and connection.

Want to join the collective?

Contact Maria at
MindSetCollectiveLA@gmail.com



Jellica Jasmine Saddi
CMT, FMT, ACSM-CPT, IASTM



By Referral Only

Integrative Orthopedic Massage & Whole Health Yoga

Jellica specializes in pain management and injury rehabilitation. She offers corrective soft tissue work, ergonomic consultations, sports injury prevention expertise, and bespoke yoga sessions.



Allie Punekii



(601) 790 - 0223

@alliechemic
alliechemic@gmail.com

Somatic Change Facilitator & Creative Mentorship

Using the body as a metaphor, Allie supports clients experiencing exhaustion, burnout, and creative stagnancy to feel in control of themselves, their energy, & their life.



Dr. Kehiante McKinley, PSY35488
"Dr. K"



818-253-9441

dr.k@lapsychologyguides.com
@lapsychologyguides

Psychotherapy & Adult ADHD Psychological Testing

Dr. K specializes in working with clients who are coping with trauma, stress, anxiety and life's transitions. Additionally, she conducts Ketamine Assisted Psychotherapy.

Acupuncture
Massage
Microneedling
Psychotherapy
Adult ADHD Testing
Healing Art Sessions
Biomagnetism
Energy Healing
Embodied Breathwork
Contemplative Movement
Private & Community Yoga

Mind Set Collective
is passionate about empowering
our community to use the mind-
body connection to heal, grow,
and thrive in all areas of life.

We are independent holistic
business professionals devoted
to creating a healing and
restorative environment for
the community and
the practitioners alike.



CONTACT US

349 Richmond St
El Segundo, CA 90245



A beautiful
healing space

*Restorative for the community
& therapists alike.*

TheMindSetCollective.com
@mindsetcollectivela