

LIFE TIME WORK[®]



Take advantage of exclusive workplace
and wellness perks at the newest Life Time
location in Monmouth County.

331 Newman Springs Road
Red Bank, NJ

Building 3
Floor 2

40,212 SF
For Lease



The Space

- Private and open-plan workspaces
- State-of-the-art conference rooms
- Private phone rooms
- Outdoor social space and riverside pathways
- Ample parking



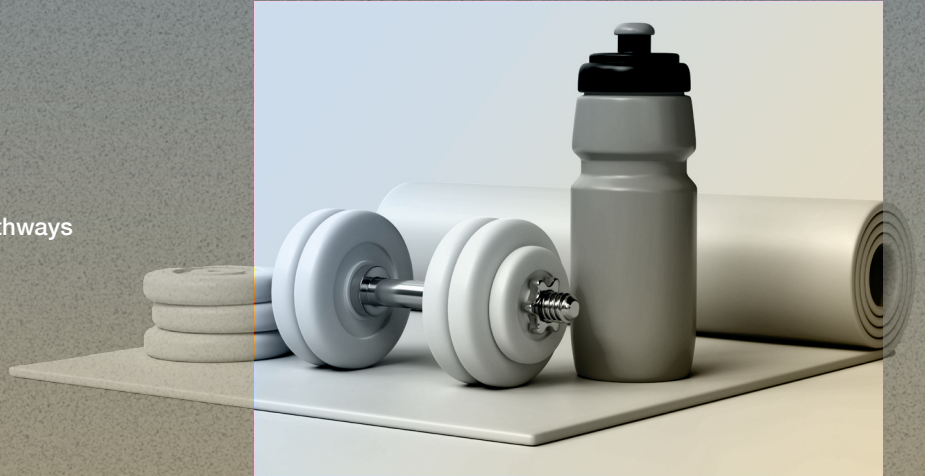
The Amenities

- Sit-to-stand desks
- Fresh-brewed coffee
- Healthy snacks and filtered water
- Responsive tech support
- Secure, fast WiFi
- Events and sponsored happy hours
- Guest speakers
- Media and event recommendations



The Digital Access

- Stream 1,000+ Life Time Fitness classes
- Virtual athletic training
- Nutrition, exercise and meditation guidance
- Curated Experience Life content
- Life Café ordering
- Life Spa booking



The new Life Time Athletic Country Club, located across the road, offers additional signature brand benefits.

Preferred pricing is available for those interested in membership to all of our 160+ Life Time Athletic Country Club destinations across North America.

- Workout floors with cutting-edge equipment
- 90+ weekly classes
- Indoor/outdoor pools, saunas and steam rooms
- Basketball courts and racquet sports
- Personal and group training
- Kids Academy access



Similar space for sample



Similar space for sample

Health-focused amenities, spaces, snacks and drinks.





Similar space for sample

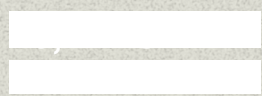


Similar space for sample

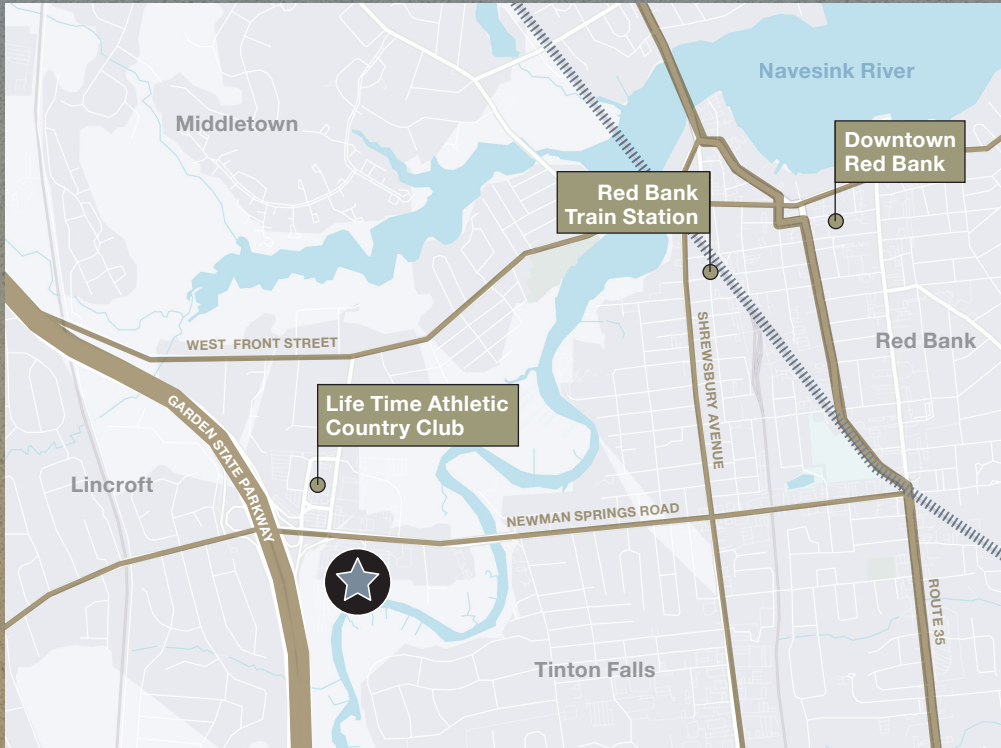
A unique collection of spaces to focus, gather and recoup.



- Office
- Lounge
- Open Resident
- Conference Room
- Quiet Room
- Collaboration Nooks



Welcome to northern Monmouth County,
one of New Jersey's most desirable places
to live, explore and work.



2 Min
Garden State
Parkway

10 Min
Downtown
Red Bank

20 Min
Local
Beaches



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