



400 RIVERSIDE AVENUE

MEDFORD, MA

±7,500 - 30,000 SF Industrial/Flex Space

Available for Occupancy October 2026



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Building Highlights



±7,500 - 30,000 SF Available



Close to Public Transportation



Close to Area Amenities



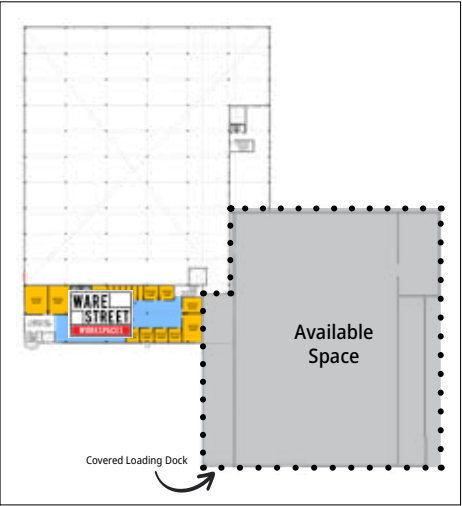
On-Site Parking

Building Size	±118,135 SF	
Availability	±7,500 - 30,000 SF	
Year Built/Renovated	1961/1984	
Ceiling Heights	18' to joist 20' to the deck	
Column Spacing	30' x 18'	
Power	6,500 Amps (1) 2,500 amp @ 480V (1) 4,000 amp @ 480V	
Loading	Two (2) covered loading docks One (1) drive-in overhead door Four (4) tailboard docks	
Parking	On-site parking	
Water/Sewer	City of Medford	
Utilities	Electric/Gas Eversource	Tel/Data Verizon



Available Space Details

Single Tenant	±30,000 SF
Proposed Subdivisions	
Option 1	±10,000 SF
Option 2	±7,500 SF
Option 3	±8,850 SF
Potential Office Space (For Option 1 or 2)	±2,873 SF



Available	October 1, 2026
Loading*	One (1) drive-in door One (1) tailboard dock

*Dedicated loading available with Single Tenant Option. Shared loading available with Proposed Subdivision Options.

Single Tenant



Proposed Subdivisions



Ware Street Workspaces at 400 Riverside Ave. offers private offices, coworking spaces, and shared amenities.

Experience modern, flexible workspace designed to support, collaboration, productivity and business growth.



Open Co-Working & Private Offices

Shared work zones for founders and operators who need focus, speed and community in one place.



Café & Lounge

Comfortable common areas for casual meetings, recharge breaks, company events and team collaboration.



Area Amenities

- | | | |
|-----------------------|---------------------|---------------------|
| Advance Auto Parts | Harbor Freight | Planet Fitness |
| ALDI | Kohl's | Raising Cane's |
| Citizens | Ocean State Job Lot | Rockland Trust Bank |
| Dicks' Sporting Goods | Marshalls | Stop & Shop |
| CVS | Panda Express | The Ford Tavern |
| Dunkin' | Panera Bread | Wegmans |
| Eastern Bank | Petco | Wingstop |

Local Transportation, Major Routes & Area Locations

		
MBTA Bus Route 134	±0.1 mile	Financial District
Wellington MBTA Orange Line	±1.0 mile	Seaport
I-93	±1.0 mile	Kendall Square
Fellsway (Rte. 28)	±0.5 mile	Greentown Labs
Rte. 16 (Mystic Valley Pkwy)	±1.0 mile	Logan Airport

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