

Youthologie Aesthetic & Anti-Aging Medicine
10940 Raven Ridge Road
Suite 214 (units 212 & 214)
Raleigh, NC 27614

LEED compliant features:

Floors are polished concrete—no stains, dyes, VOCs (VOC = volatile organic compounds)
Walls and ceiling are painted with no VOC paints
Rugs and furniture are made with sustainable natural fabrics (wool, cotton, silk, leather etc.) and no VOC dyes
Large external windows allow natural light into space
Internal windows for break room and clerestory windows in treatment rooms allow light transmission throughout space and are made with ecoresin from 3Form
Energy efficient lighting design
Wood shelves and brick wall are recycled materials sourced locally (Raleigh area)
Wood cabinets and desk tops are FSC certified (FSC = Forest Stewardship Council)
Water heater is tankless, on-demand
HVAC system was designed so temperature could be separately controlled for each room
Appliances are Energy Star
Vintage (reused) lighting in back office
Table and credenza in waiting room are recycled Elm
Aluminum tables are recycled aluminum
Steel handles throughout space are recycled steel; some handles also have recycled glass
Column in waiting room is recycled corrugated pipe
Large artwork in waiting room is recycled corrugated roofing painted with no VOC inks

Ergonomic features:

Desks are height adjustable and can be used seated or standing
Leather chairs have multiple ergonomic features; made by Neutral Posture
Aesthetic devices chosen, in part, for ergonomic design and ease of use
Large amount of natural light, task lighting for procedures

Other features

Office is wired for sound/speakers in each room and is separately controlled for each room; needs replacement receiver
Office is wired for phone and computer use; has multiple/extra electrical outlets (more than code requires); has a 220v outlet in largest treatment room
Office has extra sound-proofing for interior walls (all walls that share space with any other interior space of the building)
Largest treatment room has 2 OR lights with adjustable positions; supporting steel beam was placed for the purpose of suspending OR lights
Office has 2 doors/entries; front and back, both coded on alarm system (documents who entered and left)
Office has a monitored alarm system in place; currently monitored by Brinks
Office has a phone system in place—currently has one main line, one rollover line, and one fax line
Building shell was finished in 2006; HVAC system, lighting, phone system, alarm system, wiring, original to Youthologie build-out in 2009; HVAC system has had multiple upgrades since original installation
Building interior (common areas) painted and flooring/baseboards, stair treads replaced 2021
Roof of building replaced in 2024
Common areas have building janitorial services
Parking lot has snow/ice removal services in winter