

Belle Meade Medical Plaza

28 White Bridge Rd | Nashville, TN | 37205

MEDICAL OFFICE SPACE FOR LEASE



Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
branden@hbre.com

Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbre.com

WELCOME TO BELLE MEADE MEDICAL PLAZA

28 White Bridge Rd | Nashville, TN | 37205

Experience specialty care at Belle Meade Medical Plaza. With an ideal location minutes from Ascension Saint Thomas Hospital West, this 62,000 SF property offers convenient options for patients and healthcare providers. Ample parking and walkable access to nearby dining, retail, and entertainment make this a unique medical office destination. Belle Meade Medical Plaza is owned and managed by Healthcare Realty (NYSE: HR).



Key Campus Tenants



Premier
Radiology

S★T★A★R
PHYSICAL THERAPY



SouthEast
Eye Specialists



FRESENIUS
KIDNEY CARE

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
branden@hbrc.com

Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbrc.com

AN IDEAL LOCATION FOR MEDICAL CARE

Belle Meade Medical Plaza | 28 White Bridge Rd | Nashville, TN | 37205



Property Highlights



**+/- 62,000 TOTAL
BUILDING SF**

- Medical office availability
- Primarily occupied by medical tenants and anchored by Premier Radiology
- Excellent visibility and customized build out options available



**CONVENIENT
SPECIALTY CARE**

- First-class clinical environment
- Ample surface area parking for patients, staff, and physicians
- Newly renovated lobby with premium finishes creates a welcoming experience for guests



**ACCESS TO
AREA AMENITIES**

- Well-located in the heart of Nashville with convenient access to I-40
- Within 5 minutes of Ascension Saint Thomas West Hospital, a 541 bed emergency care hospital
- 15 minutes to Downtown Nashville and over 20 restaurants in a 1 mile radius

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
branden@hbrc.com

Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbrc.com

EXPERIENCE PREMIUM DESIGN & UPGRADED FINISHES

Belle Meade Medical Plaza | 28 White Bridge Rd | Nashville, TN | 37205



Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
branden@hbrc.com

Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbrc.com

EXCEPTIONAL HEALTHCARE IN NASHVILLE

Belle Meade Medical Plaza | 28 White Bridge Rd | Nashville, TN | 37205

NEARBY MEDICAL & AMENITIES

Dining & Retail

1 minute - 0.1 mile

St Thomas Hospital West

5 minutes - 1.3 miles

TriStar Centennial Medical Center

8 minutes - 3.9 miles

St Thomas Hospital Midtown

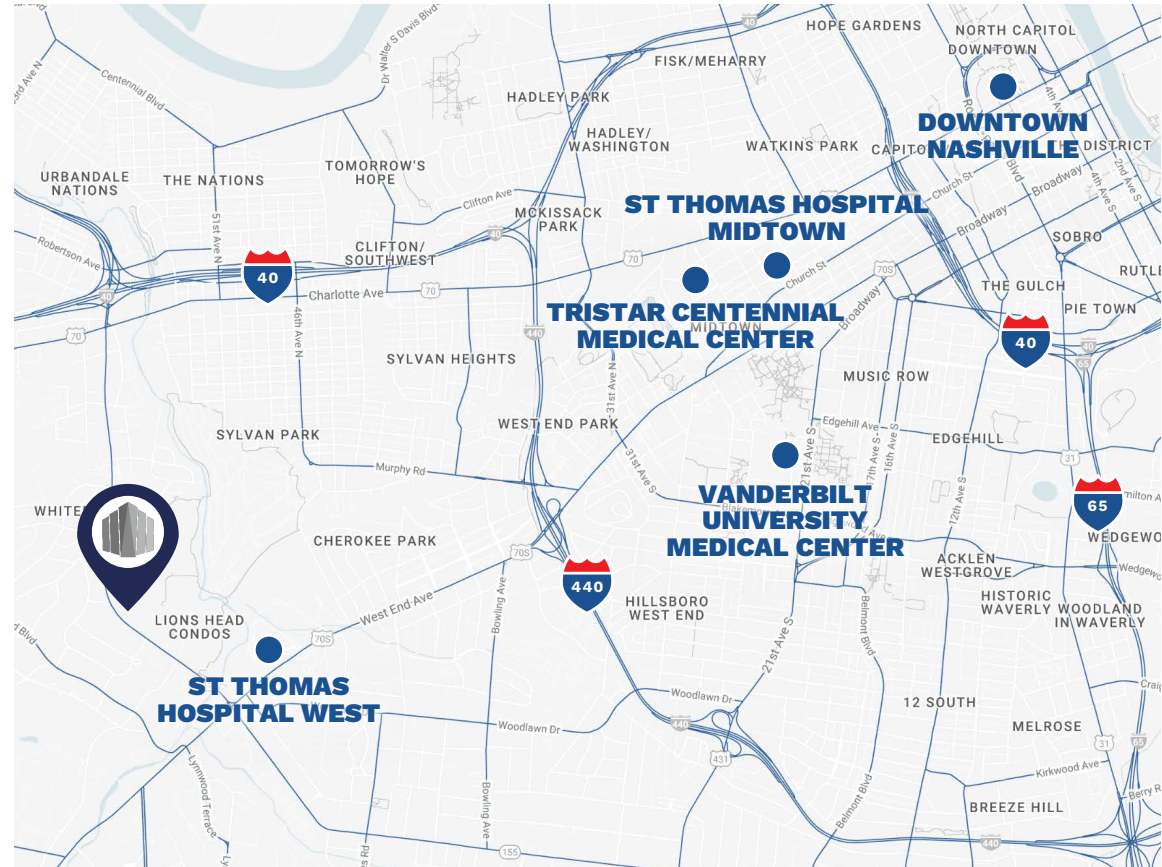
10 minutes - 4.1 miles

Vanderbilt University Medical Center

11 minutes - 4.2 miles


Nashville (Downtown)

15 minutes - 6.4 miles



TRAFFIC COUNTS		2025 NASHVILLE WEST DEMOGRAPHICS			
		1 MILES	3 MILES	5 MILES	
White Bridge Rd		Population	6,906	77,345	190,447
I-40		2030 Population Projection	6,974	80,080	212,609
I-440		Total Households	3,895	35,168	87,071
		Average HH Income	\$158,550	\$176,557	\$155,810

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid

954.296.9103

branden@hbrc.com

Allen Bolden, SIOR, CCIM

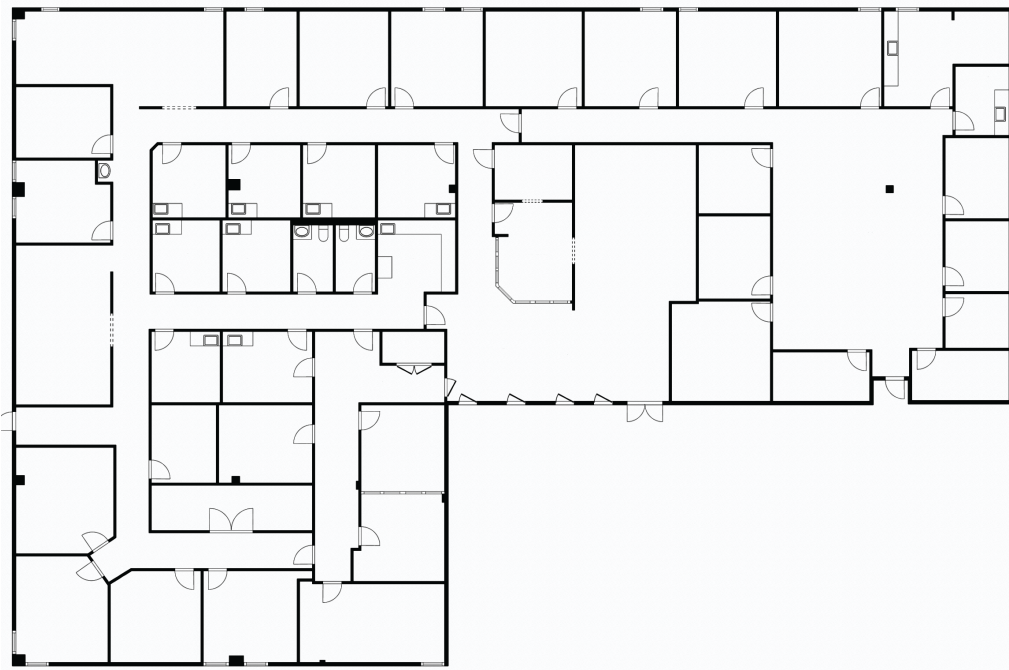
615.693.9034

allen@hbrc.com

TAKE A TOUR

Belle Meade Medical Plaza | 28 White Bridge Rd | Nashville, TN | 37205

Available Suite



SUITE 300 | 11,182 SF

- Spacious multi-provider suite with panoramic views
- Fully customizable space plan available to be divided as-needed
- Dedicated Lab Space and Staff Breakroom
- Several large provider and administrative offices
- Glass window lines offer bright, natural light in office spaces and patient areas



Scan for virtual tours and availabilities.

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
branden@hbcre.com

Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbcre.com



CONTACT FOR MORE INFORMATION:



Branden Cadavid
954.296.9103
branden@hbre.com



Allen Bolden, SIOR, CCIM
615.693.9034
allen@hbre.com

Building owned and managed by **HEALTHCARE REALTY**

750 OLD HICKORY BLVD, SUITE 125-1 | BRENTWOOD, TN 37027 | 615.564.4133 | WWW.HBRE.COM