



HEAL REST Assisted Living

A Place to Call Home



ABOUT US

Heal Rest Assisted Living began as a home-based service provider. We helped seniors at home who were unable to care for themselves due to health challenges. After delivering exceptional home-based care services, Heal Rest transitioned to facility-based care for seniors.

As our name suggests, Heal Rest provides a place for your loved ones to live, rejuvenate and maintain healthy living in a peaceful, a calm and a respectful environment. We offer a range of services and requisite activities for seniors who experience difficulties with activities of daily living, or who are unable to care for themselves due to illness or disease. Heal Rest is a place to call home.

Explore our Heal Rest communities in Waldorf and Fort Washington, Maryland. Our communities are designed to foster an environment of kind communication, staff accessibility and response to the level of care needs of each resident. In addition, our facilities are equipped with elegant and latest technology features for comfort and relaxation.

Payments Methods: Private Insurance, Medicaid Waivers, Private Pay, County Subsidy, SSI (Supplemental Security Income)/ SSDI(Social Security Disability Insurance)

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