



Where Opportunity Beckons

At One Friendship Heights, every space is designed to inspire progress and create connections. Modern, and sophisticated, this building opens the door to fresh opportunities, setting the stage for growth and success in a dynamic community.

Every Element Designed for Success

One Friendship Heights stands at the intersection of opportunity and success, offering a refined office environment tailored to the needs of leading firms. Designed with both modern functionality and high-level professionalism in mind, this building provides an atmosphere for connections to flourish and possibilities to unfold.

One Friendship Heights by the Numbers

22,600

600

SF Typical Floor

LF Panoramic Views of Friendship Heights

40

650

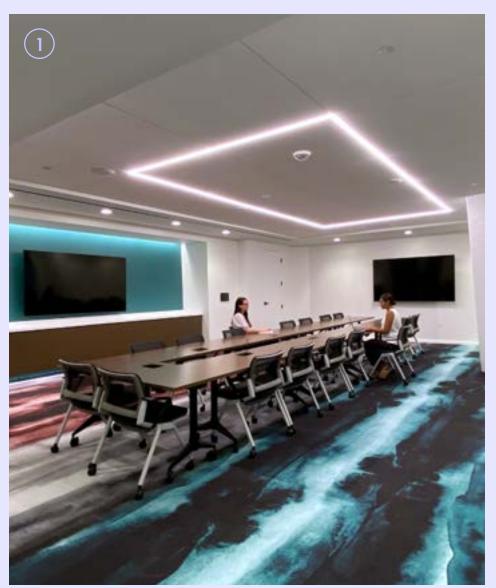
Person Capacity Conference Facility **SF Tenant Lounge**

1/700

Class A

Garage Parking Ratio Office Building





1. State-of-the-Art **Conference Center**

Suitable for meetings of all sizes, this fully-reconfigurable conference center encourages collaboration.

2. Premier **Fitness Center**

Run, don't walk to OFH's highperformance fitness center and premium locker rooms.

3. Tenant Lounge with Monumental Market

This eye-catching lounge is the perfect spot to take a break from the office, grab a quick bite, host events, or meet with your team.





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The Forum at One Friendship Heights

Welcome to The Forum at One Friendship Heights—a fully-amenitized floor featuring 4 thoughtfully-designed specs suites, a lounge with coffee bar, 4-person collaboration rooms, and a 40-person conference room. These versatile environments support meetings, team gatherings, or quiet reflection beyond the walls of each suite. With warm finishes and thoughtfully crafted spaces, every corner of The Forum at One Friendship Heights invites productivity and fosters connection.

Versatile Third Space

Just off the elevator lobby, the lounge features dynamic spaces that promote collaboration at all scales as well as contrasting semi-private seating areas for focus work and touchdown needs.



Built for Big Ideas

Step into a bright, modern conference room equipped for impactful meetings. With ample seating and cutting-edge presentation technology, this space is designed to foster collaboration, productivity, and the success of your next big project.











The Gateway to Friendship Heights

Known as a preeminent retail destination and a safe and accessible place to work, live and enjoy, Friendship Heights continues to evolve, welcoming new residents, businesses, and an array of transformational redevelopment opportunities.

A Place for Your Best Work and **Your Best Breaks**

The neighborhood boasts ample green spaces, providing a refreshing escape from the workday. Explore Friendship Heights, where modern living meets a thriving business environment.



Neighborhood at a Glance

10,300+

Residents

246

Unique Local Businesses

2.3M

SF Office Space in **Friendship Heights** 23,000+

Daytime Population

1350+

New Housing Units Coming Soon

91

Walk Score (Walker's Paradise)







Access Made Simple

One Friendship Heights features direct underground access to the Friendship Heights Metro station, only one stop away from Bethesda and a just a few stops to Downtown DC. This accessibility simplifies commuting for employees and ensures seamless travel throughout the area.

