



2025 United Van Lines National Movers Study – by MSA

TOP INBOUND MSAs			
Rank Based on Inbound %	Metropolitan Statistical Area	Inbound %	Outbound %
1	Eugene-Springfield, OR	85%	15%
2	Wilmington, NC	83%	17%
3	Dover, DE	79%	21%
4	Fort Wayne, IN	73%	27%
5	Myrtle Beach, SC	72%	28%
6	Brownsville-Harlingen, TX	72%	28%
7	Salem, OR	70%	30%
8	Springfield, MO	69%	31%
9	Hickory, NC	68%	32%
10	Lake Charles, LA	68%	32%
11	Punta Gorda, FL	67%	33%
12	Bellingham, WA	67%	33%
13	Barnstable, MA	67%	33%
14	Santa Fe, NM	65%	35%
15	Knoxville, TN	65%	35%
16	Davenport-Moline-Rock I, IA-IL	65%	35%
17	Dothan, AL	65%	35%
18	Greenville-Spartanburg, SC	64%	36%
19	Burlington, VT	64%	36%
20	Greensboro-Winston Salem, NC	63%	37%
21	Daytona Beach, FL	63%	37%
22	Sarasota-Bradenton, FL	62%	38%
23	Gary, IN	62%	38%
24	Peoria, IL	61%	39%
25	Charlotte-Gastonia, NC-SC	61%	39%

TOP OUTBOUND MSAs			
Rank Based on Outbound %	Metropolitan Statistical Area	Inbound %	Outbound %
1	Hagerstown, MD	12.9%	88%
2	Nassau-Suffolk, NY	22%	78%
3	Pueblo, CO	26%	74%



4	Bergen-Passaic, NJ	27%	73%
5	Springfield, IL	32%	68%
6	Newark, NJ	33%	67%
7	Lafayette-West Lafayette, IN	34%	66%
8	San Diego, CA	35%	65%
9	Rapid City, SD	35%	65%
10	Tallahassee, FL	35%	65%
11	New Haven-Waterbury-Meriden CT	35%	65%
12	Olympia, WA	35%	65%
13	Salinas-Seaside-Monterey, CA	35%	65%
14	Champaign-Urbana-Rantoul, IL	35%	65%
15	Goldsboro, NC	36%	64%
16	Odessa, TX	36%	64%
17	New Bedford - Fall River, MA	37%	63%
18	Cheyenne, WY	37%	63%
19	Monmouth-Ocean, NJ	37%	63%
20	Vallejo-Fairfield-Napa, CA	37%	63%
21	Jackson, MS	38%	62%
22	Jersey City, NJ	39%	61%
23	Middlesex-Somerset-Hunterdon NJ	39%	61%
24	Joliet, IL	39%	61%
25	Lafayette, LA	39%	61%

About the Data:

Since 1977, United Van Lines annually tracks migration patterns on a state-by-state basis. The 2025 study is based on household moves handled by the UniGroup network (parent company of United Van Lines) within the 48 contiguous states and Washington, D.C. and ranks states based off the inbound and outbound percentages of total moves in each state. United classifies states as “high inbound” if 55 percent or more of the moves are going into a state, “high outbound” if 55 percent or more moves were coming out of a state or “balanced” if the difference between inbound and outbound is negligible.

To view the entire 2025 study, an interactive map and archived press releases and photos from United, please visit www.unitedvanlines.com.