

Charlotte Medical Plaza I & II

408/410 42nd Ave North | Nashville, TN | 37209

MEDICAL OFFICE / RETAIL SPACE
FOR LEASE



Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbre.com

CONNECTING PATIENTS TO SPECIALTY CARE

Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209

The central location in the rapidly growing Charlotte Avenue corridor at 42nd Avenue North provides easy access to downtown, three major medical centers, and residential communities in West Nashville. Additionally, I-40 access at nearby 46th Avenue, White Bridge Road, and Briley Parkway make the location easily accessible to middle-Tennessee. Ample parking is provided, as well as convenient access to the Nashville WeGo Public Transit system on Charlotte Ave.

Key Tenants

THE
SURGICAL
CLINIC

OAT | OTOLARYNGOLOG
Associates of Tennessee

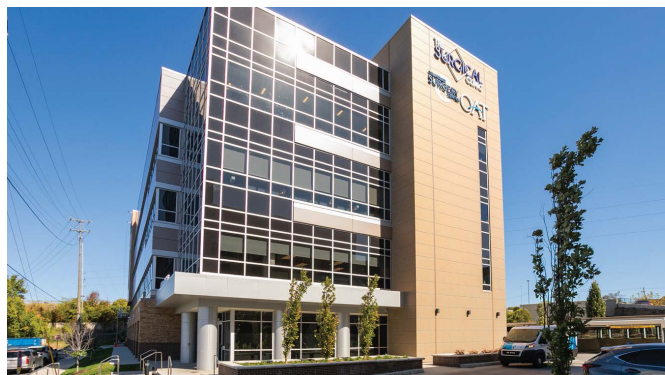
TENNESSEE
SURGERY
CENTER

Nephrology
Associates

100%
chiropractic.



Experience high visibility and onsite dining options at Charlotte Medical Plaza.



With premier care and accessible parking, Charlotte Medical Plaza offers convenience for patients and employees.

Property Highlights



**106,979 TOTAL
BUILDING SF**

- Medical office and retail availability
- (1) 3-story mixed-use office building and (1) 4-story medical office building
- High visibility from I-40 and Charlotte Ave



**CONVENIENT
ONSITE CARE**

- Ample patient parking, including ground level and a two-level underground garage, with 5 spaces per 1000 SF parking ratio
- Elevators offer convenient access to parking
- Covered entry walkway with access to Charlotte Ave



**ACCESS TO
AREA AMENITIES**

- Well-located in the heart of Nashville with convenient access to I-40
- Within 11 minutes of Downtown Nashville, entertainment, and retail
- More than 50 restaurants in a 1 mile radius

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbrc.com

DESIGNED FOR HEALTH AND WELLNESS

Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209



Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbre.com

CONVENIENT CARE IN THE HEART OF NASHVILLE

Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209

NEARBY MEDICAL & AMENITIES

Dining & Retail
1 minute - 0.1 mile

TriStar Centennial Medical Center
5 minutes - 1.8 miles

St Thomas Hospital Midtown
8 minutes - 32.4 miles

St Thomas Hospital West
9 minutes - 2.5 miles

Vanderbilt University Medical Center
11 minutes - 3.0 miles

Nashville (Downtown)
11 minutes - 3.4 miles



TRAFFIC COUNTS

Charlotte Ave
I-40
I-440

CARS PER DAY

23,557
138,141
73,149

2025 MIDTOWN DEMOGRAPHICS

Population
2030 Population Projection
Total Households
Average HH Income

1 MILES

14,410
15,787
6,505
\$146,713

3 MILES

107,530
118,774
48,503
\$136,308

5 MILES

216,656
246,504
98,104
\$145,043

Building owned and managed by
HEALTHCARE REALTY



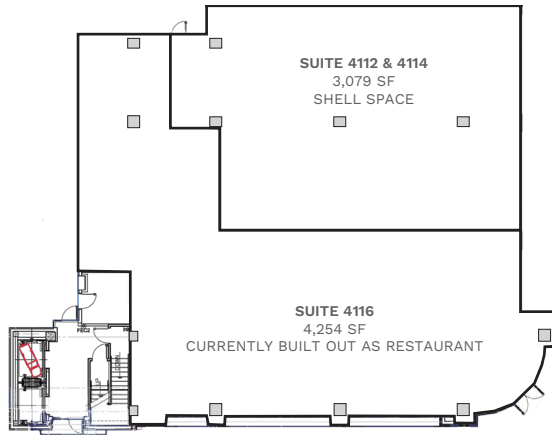
LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbrc.com

TAKE A TOUR

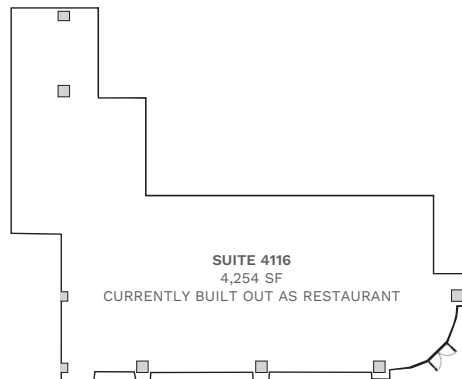
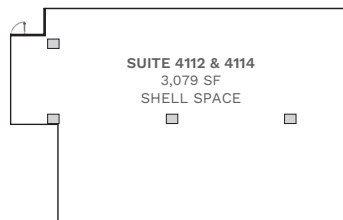
Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209

Available Suites (408 42nd Ave North - Mixed-Use)



MOB II: FIRST FLOOR - 7,333 TOTAL SF SUITE 4112 & 4114 (3,079 SF)

- Warm vanilla, ground floor shell space
- Fully customizable space plan available to be divided as-needed
- Space design customization opportunity for medical or retail
- Signage opportunity on building above suite
- Glass window line offers bright, natural light
- High retail visibility from Charlotte Ave



MOB II: FIRST FLOOR - 7,333 TOTAL SF SUITE 4116 (4,254 SF)

- Former restaurant space offering a turnkey solution for a new restaurant user, complete with existing infrastructure to expedite opening

Scan for virtual tours and availabilities.



Building owned and managed by
HEALTHCARE REALTY



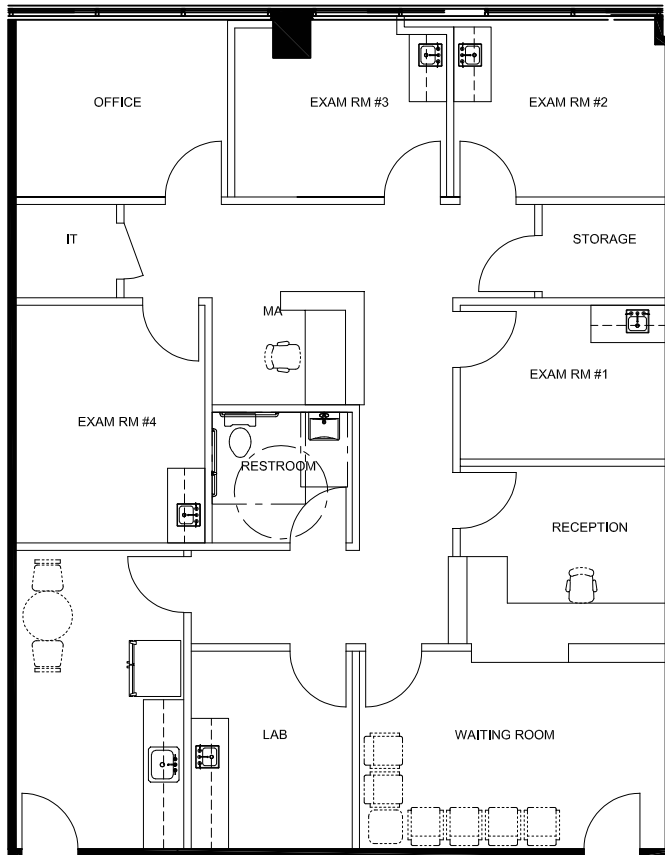
LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbrc.com

TAKE A TOUR

Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209

Available Suites (410 42nd Ave North - Medical Office)



MOB I: SUITE 202 | 1,789 SF

- Brand new spec suite
- (4) exam rooms and (1) doctor's office
- Large reception area and break room
- (1) private restroom
- Dedicated lab space



Scan for virtual tours and availabilities.

Building owned and managed by
HEALTHCARE REALTY



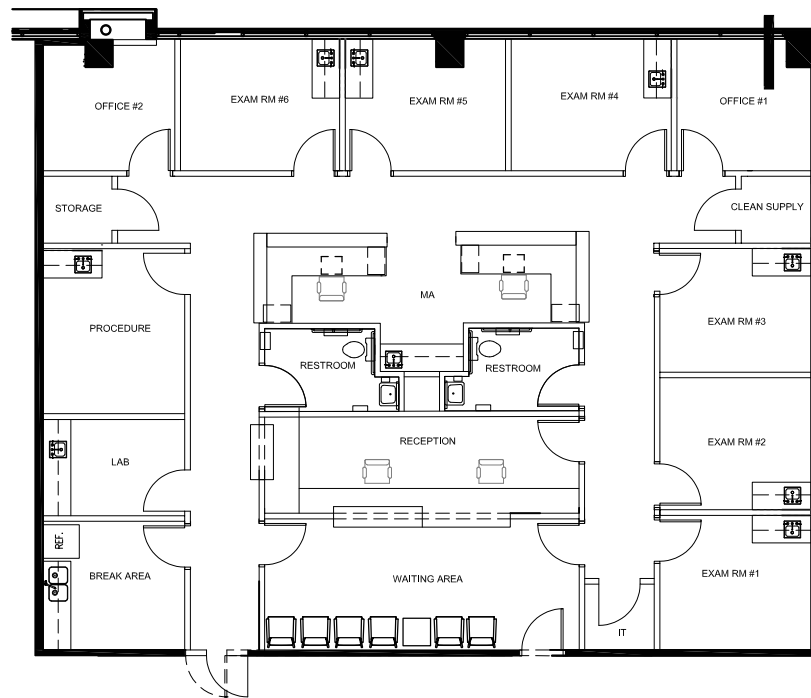
LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbrc.com

TAKE A TOUR

Charlotte Medical Plaza I & II | 408/410 42nd Ave North | Nashville, TN | 37209

Available Suites (410 42nd Ave North - Medical Office)



MOB I: SUITE 307 | 2,901 SF

- Warm vanilla shell space
- Fully customizable space plan available to be divided as-needed
- High Visibility from I-40
- Glass window line offers bright, natural light
- This is a preliminary conceptual floorplan intended for illustrative purposes only.



Scan for virtual tours and availabilities.

Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbrc.com



CONTACT FOR MORE INFORMATION:



Allen Bolden, CCIM, SIOR
615.693.9034
allen@hbre.com

Building owned and managed by **HEALTHCARE REALTY**

750 OLD HICKORY BLVD, SUITE 125-1 | BRENTWOOD, TN 37027 | 615.564.4133 | WWW.HBRE.COM

© 2026 HBRE, LLC. All rights reserved. All properties are offered for lease through HBRE, a licensed real estate broker. The information in these materials has been obtained from various sources. While we believe the information to be reliable, HBRE does not make any representation or warranty as to the accuracy or completeness of such data and it should be independently verified by prospective tenants. Artist's renderings based on current development concepts are subject to change without notice.