

Belle Meade Medical Plaza

28 White Bridge Rd | Nashville, TN | 37205

MEDICAL OFFICE SPACE FOR LEASE



Building owned and managed by
HEALTHCARE REALTY



LEASING INFORMATION

Branden Cadavid
954.296.9103
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Allen Bolden, SIOR, CCIM
615.693.9034
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WELCOME TO BELLE MEADE MEDICAL PLAZA

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Experience specialty care at Belle Meade Medical Plaza. With an ideal location minutes from Ascension Saint Thomas Hospital West, this 62,000 SF property offers convenient options for patients and healthcare providers. Ample parking and walkable access to nearby dining, retail, and entertainment make this a unique medical office destination. Belle Meade Medical Plaza is owned and managed by Healthcare Realty (NYSE: HR).



Key Campus Tenants



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AN IDEAL LOCATION FOR MEDICAL CARE

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Property Highlights



+/- 62,000 TOTAL BUILDING SF

- Medical office availability
- Primarily occupied by medical tenants and anchored by Premier Radiology
- Excellent visibility and customized build out options available



CONVENIENT SPECIALTY CARE

- First-class clinical environment
- Ample surface area parking for patients, staff, and physicians
- Newly renovated lobby with premium finishes creates a welcoming experience for guests



ACCESS TO AREA AMENITIES

- Well-located in the heart of Nashville with convenient access to I-40
- Within 5 minutes of Ascension Saint Thomas West Hospital, a 541 bed emergency care hospital
- 15 minutes to Downtown Nashville and over 20 restaurants in a 1 mile radius

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EXPERIENCE PREMIUM DESIGN & UPGRADED FINISHES

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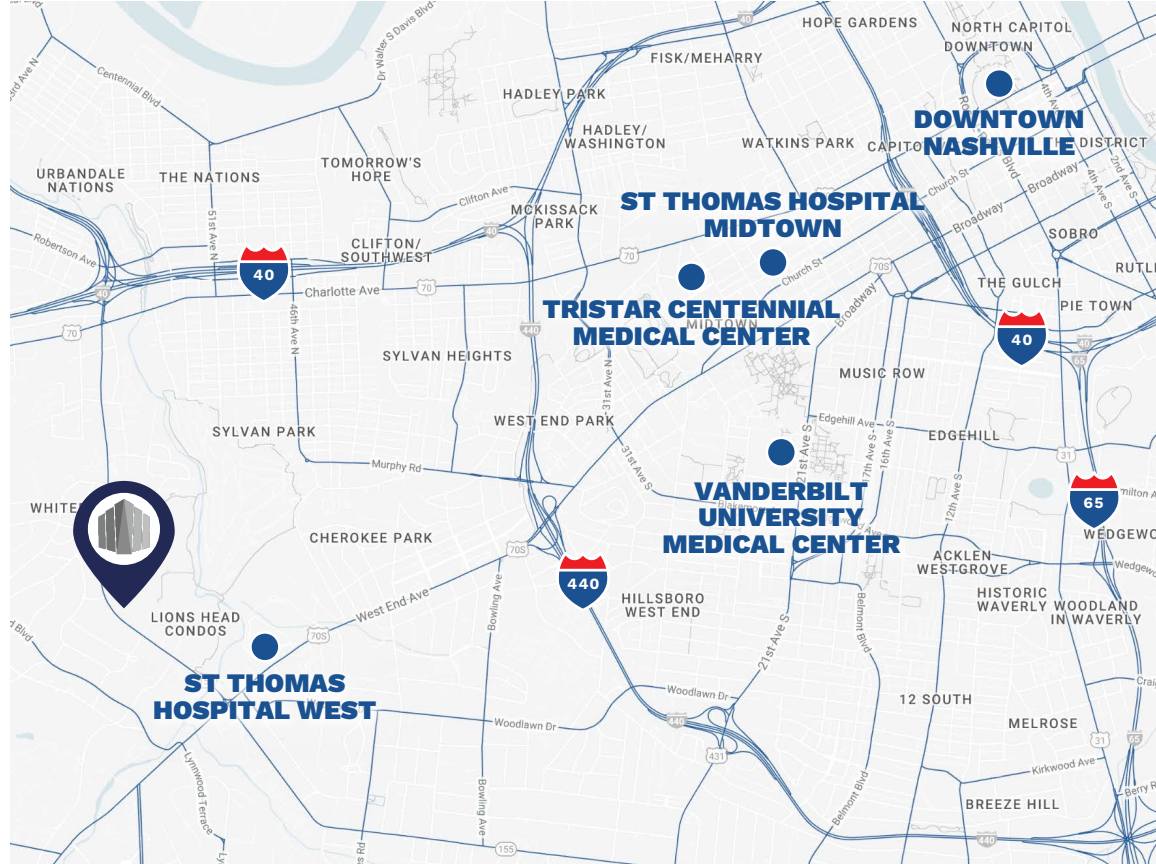
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EXCEPTIONAL HEALTHCARE IN NASHVILLE

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NEARBY MEDICAL & AMENITIES

- Dining & Retail
1 minute - 0.1 mile
- St Thomas Hospital West
5 minutes - 1.3 miles
- TriStar Centennial Medical Center
8 minutes - 3.9 miles
- St Thomas Hospital Midtown
10 minutes - 4.1 miles
- Vanderbilt University Medical Center
11 minutes - 4.2 miles
- Nashville (Downtown)
15 minutes - 6.4 miles



TRAFFIC COUNTS	CARS PER DAY
White Bridge Rd	32,260
I-40	138,141
I-440	73,149

2024 NASHVILLE WEST DEMOGRAPHICS	1 MILES	3 MILES	5 MILES
Population	6,959	76,061	188,775
2029 Population Projection	6,894	77,689	208,653
Total Households	3,967	36,010	86,660
Average HH Income	\$147,981	\$164,054	\$146,380

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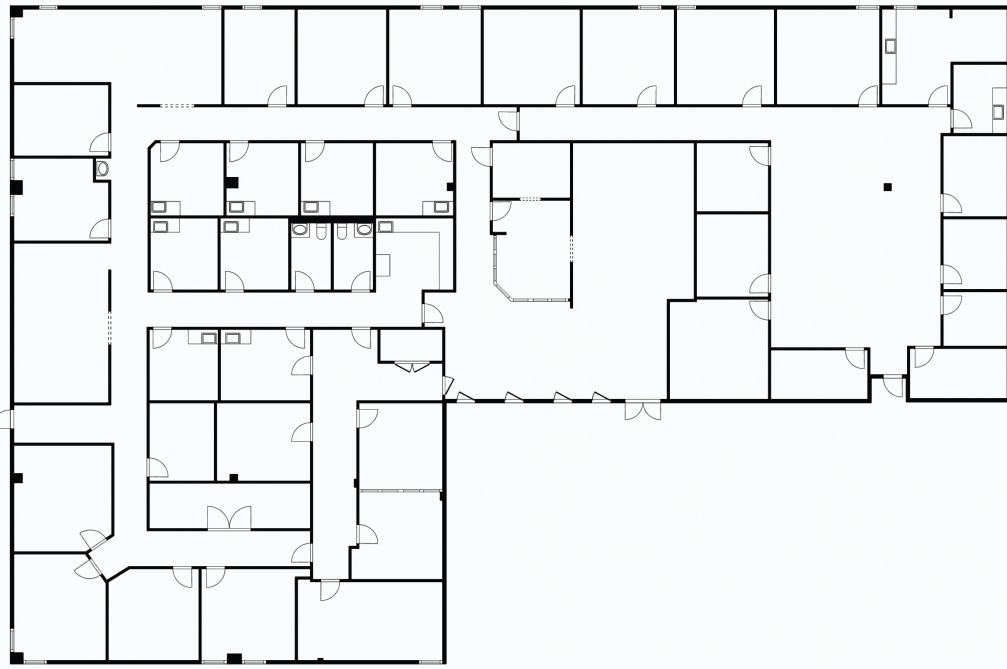
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TAKE A TOUR

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Available Suite



SUITE 300 | 11,182 SF

- Spacious multi-provider suite with panoramic views
- Fully customizable space plan available to be divided as-needed
- Dedicated Lab Space and Staff Breakroom
- Several large provider and administrative offices
- Glass window lines offer bright, natural light in office spaces and patient areas



Scan for virtual tours and availabilities.

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